



# **Training Checklist**

Updated Jan 2025

1. (TRA01) Has diver PQS been implemented from applicable sections of the Navy Divers PQS and has it been tailored to meet the command's mission?

References: OPNAVINST 3120.32D  
OPNAVINST 3150.27D  
COMNECCINST 1414.3E  
NAVEDTRA 43910  
U.S. Navy Diving Manual

C      R      NA      UA

- ☐ Repeat  
☐ Significant  
☐ PMS
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2. (TRA02) Are Dive Station Diving Officers and Diving Supervisors PQS qualified prior to being designated in writing by the Commanding Officer?

References: OPNAVINST 3120.32D  
NAVEDTRA 43910H  
U.S. Navy Diving Manual

C      R      NA      UA

- ☐ Repeat  
☐ Significant  
☐ PMS
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3. (TRA03) Are small boat Coxswains PQS qualified?

References: OPNAVINST 3500.34H  
NAVEDTRA 43152

C      R      NA      UA

- ☐ Repeat  
☐ Significant  
☐ PMS
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4. (TRA04) Do qualified Coxswains have a letter of designation or certificate of Rules of the Road course of instruction?

References: OPNAVINST 3500.34H  
NAVEDTRA 43152

C      R      NA      UA

- ☐ Repeat  
☐ Significant  
☐ PMS
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5. (TRA05) Do all divers have current CPR cards?

Reference: U.S. Navy Diving Manual

C      R      NA      UA

- ☐ Repeat  
☐ Significant  
☐ PMS
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6. (TRA06) Are recompression chamber Inside Tenders PQS qualified?

References: NAVEDTRA 43910H  
U.S. Navy Diving Manual

C      R      NA      UA

- ☐ Repeat  
☐ Significant  
☐ PMS
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7. (TRA07) Is a diver's training plan in place and does it include a long range and short-range training plan?

Reference: OPNAVINST 3120.32D

C      R      NA      UA

- ☐ Repeat  
☐ Significant  
☐ PMS
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8. (TRA08) Does the diver's training plan include core diving subjects (Operations & Planning, SCUBA, Physics & Physiology, Medicine, Decompression Procedures, Diving Emergencies, etc)?

References: OPNAVINST 3120.32D  
NAVEDTRA 43910H  
U.S. Navy Diving Manual

C      R      NA      UA

- ☐ Repeat
- ☐ Significant
- ☐ PMS

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9. (TRA09) Is training conducted on the identification, use, and storage of used or excess hazardous material (AFLOAT) or hazardous waste (ASHORE)?

References: OPNAVINST 5100.19F  
OPNAVINST 5100.23H

C      R      NA      UA

- ☐ Repeat
- ☐ Significant
- ☐ PMS

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10. (TRA10) Does the diver's training plan include all subjects applicable to the command's mission?

References: OPNAVINST 3120.32D  
NAVEDTRA 43910H

C      R      NA      UA

- ☐ Repeat
- ☐ Significant
- ☐ PMS

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11. (TRA11) Is the dive locker following its training plan and are records of attendance kept for completed training?

Reference: OPNAVINST 3120.32D

C      R      NA      UA

- ☐ Repeat
  - ☐ Significant
  - ☐ PMS
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12. (TRA12) Does the command have an effective means of tracking DWS qualification, requalification and delinquency?

Reference: COMNECCINST 1414.3F

C      R      NA      UA

- ☐ Repeat
- ☐ Significant
- ☐ PMS

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13. (TRA13) Are personnel qualified to work on oxygen (O2) systems and requalify every 3 years?

References: MIL-STD-1330  
NAVSEA SS521-AA-MAN-010  
NAVEDTRA 43910

C      R      NA      UA

- ☐ Repeat
- ☐ Significant
- ☐ PMS

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14. (TRA14) Is 3-M training covered in the diving training plan?

Reference: NAVSEAINST 4790.8D

C      R      NA      UA

- ☐ Repeat
  - ☐ Significant
  - ☐ PMS
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**TRAINING**

COMMAND NAME:

LOCATION:

UIC:

DATE:

SURVEYOR(S):

NO. COMPLETE:

NO. REQ ACTION:

NOT APPLICABLE: